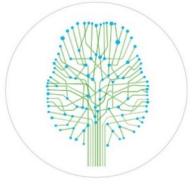


EQ Insights for People Management

What Great Leaders Know

In an active, engaging workshop, Leaders increase self-awareness, build confidence and improve people management skills to enhance performance.



EQ and the Brain

How can simple neuroscience insights help you be a better leader?



Brain Style Basics

Why do you and others work differently?



Managing Styles

How can you leverage your insight into Brain Styles to understand and optimize your interactions with team members?



Talents for People

What are your key Brain Talents (strengths) and how can you use these to engage the talents of your people?

In this workshop, managers...

- Identify a current workplace challenge and map specific actions to support successful outcomes.
- Recognize their personal Brain Profile and how this impacts their focus, decision-making and drive in their role as a people manager.
- Gain insight into the Brain Profiles of others, and how this can be utilized to improve interactions.
- Identify their Brain Talents and how these can be leveraged to put EQ into action to increase your effectiveness in leading, collaborating and working with others to improve performance.
- Develop a personal SWOT analysis and commit to an action plan to apply their knowledge to improve people management.

Each participant receives a personalized workbook with their EQ assessment results plus custom exercises and tips to put their learning into action.

Course Facilitator



Stefania Picheca, a COACH and FACILITATOR with an incredible passion for change and transformation in LEADERSHIP |TEAM development and in GLOBAL living, through the incredible power of EMOTIONAL INTELLIGENCE tools.

Registration

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